Blood Flow through the Heart & Lungs

Right side of the heart – works at the same time as the left side of the heart

Blood enters the heart through the **inferior and superior vena cava** (brings **oxygen-poor** blood from the body into the right atrium)

- → The right atrium contracts
 - → oxygen-poor blood flows into the right ventricle through the tricuspid valve
 - → the right ventricle fills
 - → the tricuspid valve shuts (prevents backflow into the atria)
 - → The right ventricle contracts
 - → oxygen-poor blood leaves the heart through the pulmonary valve
 - → blood flows into the pulmonary artery
 - → blood goes into the lungs to be oxygenated (gas exchange)

Left side of the heart – works at the same time as the right side of the heart

Blood enters the heart through the **pulmonary vein** (brings **oxygen-rich** blood from the lungs to the left atrium)

- → The left atrium contracts
 - → oxygen-rich blood flows into the left ventricle through the mitral valve
 - → the left ventricle fills
 - → the mitral valve shuts (prevents backflow into the atria)
 - → the left ventricle contracts
 - → oxygen-rich blood leaves the heart through the aortic valve
 - → blood flows into the aorta
 - → blood goes to arteries to circulate **blood to body**

Blood Flow through the Heart to the Lungs

Blood enters your lungs from the **pulmonic valve** (pulmonary circulation)

- → blood travels to the pulmonary artery to capillaries in the lungs
 - → oxygen travels from alveoli in the lungs, through the capillary walls, into the blood
 - → once blood is oxygenated, it travels back to the left atrium through **pulmonary veins**
 - → carbon dioxide (waste) passes from the blood into the alveoli
 - → carbon dioxide leaves the body during **exhale**







